Last week I wrote about hands. This week I wanted to share some thoughts on feet.

“How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation, who say to Zion, Your God reigns!” Isaiah 52:7

This verse has always spoken to me, for many reasons. One being I have rarely heard anyone say feet are beautiful. Unless it was a baby or small child they were talking about. I find myself looking at feet quite a bit when on holiday as people tend to wear very open shoes when they are in warm climates. I must admit there are rarely beautiful feet.

Online I read this story by Ray Stedman, he says, “A few years ago I was in England, preaching in some churches in the London area. I spoke one night in a crowded Methodist chapel, where many were singing the chorus, Our God Reigns. I was amused to see in the song sheet from which the congregation was singing that the typist had made an error in the title of the hymn, and it read, Our God Resigns. Many Christians act as if God has resigned.”

This gave me pause to think about how we act towards God. Can we confidently proclaim that “our God reigns”, despite all that is happening in the world right now? When reading the text from Isaiah we see that feet are beautiful because they are taking the gospel to those who need to hear the message of peace, the message of salvation and the good news of Jesus Christ. We are that delivery system.

When I think of feet, I don’t think of them being stationary. In fact, I think of walking, running, moving, all acts of doing something. Our world needs to hear the message that GOD REIGNS, not the message that GOD HAS RESIGNED. We have wonderful good news to bring to people. John 3:16 is a beloved text: “For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life”.

The only way that this message is going to get out there in the world is if we actually bring that message. In whatever way that may be.

The text in Isaiah also speaks of peace. This is something that is lacking in the world today. You only have to read the news to hear of war, strife and misery.

Our feet need to bring the good news of God. By going up to someone with a kind word, by bringing someone food, by helping someone who has fallen. By just being there when someone needs a friend.

I want God to be known because he reigns and not because people think he has resigned. God is still there waiting for us to accept his message of salvation and peace. Jesus proved that when he came as a helpless baby and died for our sins. Talk about love.

I want God to say: “How beautiful on the mountains are your feet, Clair, because you brought the good news, proclaimed peace, brought good tidings, and proclaimed salvation, who said Your God reigns!”

Clair Sanches
Women’s Ministries Director,
Trans-European Division