



Living Our Values in Lockdown

TEACHING



Churches that teach the Word of God communicate in a relevant, creative and practical way.

- › **Parents are very important teachers to their children.** Research shows that children learn about spirituality primarily in their own home from their mum's and dad's spiritual experiences. It is the same with other areas of life, like cooking, cleaning, money management and many other subjects. Take time under lockdown to reflect on some things that you want your children to learn, and spend time together teaching them important life skills.
- › **Remember that children (and adults) learn in many different ways.** One easy way to teach a child is to use all five senses. Next time you have worship or teach your child about God, try to use as many senses as you can. You can find fifty free family worship ideas listed under the "Useful Links" below.
- › **Spend time reading to your child every day.** Or challenge the children to read on their own. Decide on a reward you will enjoy together when you have finished the reading. Like this Bible Marathon about Jesus' last days: https://ted.adventist.org/images/Easter_Marathon.pdf
- › **Memorizing Bible verses is very important** and something that we don't always have the time to do. Take time every day to memorize a Bible verse together. Resource: https://ted.adventist.org/images/Memory_Verses_-_Learning_for_Life-done.pdf
- › We often think Bible study means sitting down by yourself and reading the Bible. The Jews, on the other hand, often do **Bible study by discussing a specific topic with someone else.** Take time during lockdown to discuss your thoughts on a topic as a family or group. It can be at home around the kitchen table, or on a digital platform. This is a really good way to enhance your teenager's knowledge of the Bible.
- › **Grandparents and elderly church members are a treasure chest of experiences, knowledge and stories.** Try to connect with each other over the generations and share favourite Bible stories, or stories from your own lives that you haven't told your children before.

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- › **Teenagers live in a different world from the world you grew up.** If you want to reach and teach teenagers, you need to be where they are. Whether it is on Instagram, Snapchat, WhatsApp or other social media platforms. All teenagers face dilemmas. Start with the problems that they face in everyday life. See if you can find answers to these questions together, both in the Bible and other places. Visit www.axis.org to download Christian discussion guides for parents and teens.
- › **Make the time you have together enjoyable.** Discover your child's interests. Try to find ways that interest and excite your child when it comes to learning more about God. Ask open-ended questions, such as "Where did you see God at work today?" and together you will learn new things.

Useful links

- › https://ted.adventist.org/images/Lessons_From_Jesus-revision_4.pdf - family worships that are easy to do.
- › <https://children.adventist.org> - here are good resources for both parents and children with lots of different materials to learn more about God and the Bible.
- › <https://ted.adventist.org/children-s-ministries/resources/2-uncategorised/1663-resources-for-children-s-ministries> - resources to help children get to know God and the Bible.
- › <https://ted.adventist.org/youth-ministries/resources> - resources for teenagers to know God and the Bible.

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