



The Master Makeover

4



Before you start:

1. Prayerfully read through the whole lesson at least twice
2. Gather all the materials you need for each section (see right)
3. Work with another team member and plan who will manage each section of the session.

Leadership Personal Preparation:

Think about one way in which you have become a new creation since you have accepted Jesus. Perhaps a part of your character was transformed, or your thoughts, or attitudes. Or maybe the Holy Spirit has given you fresh gifts to use.

If the Holy Spirit invites you to do so, be ready to tell the story of your experience during the welcome or the conclusion. Otherwise, use the inspiration of your personal story to fill you with enthusiasm for today's session.

You will need:

- Marker pens and felt pens
- Icebreaker:**
- A string of fairy lights with push-in bulbs. (See activity for more detail).
- Small envelopes – one per person
- Mission Possible:**
- Lay out the following items on tables so that families can easily find whatever they need for the activity.
- A collection of all kinds of interesting, clean and attractive junk and recycled materials
- Disposable cups, plates, bowls and straws, etc
- Containers filled with coloured paper, tissue paper, fabric scraps, pipe cleaners, etc
- Scissors – 1 or 2 pairs per group
- Staplers – 1 per group
- (Or ask families to bring scissors and staplers from home)
- Word Search:**
- Copies of the four different Word Search studies (A B C D). See activity for more details
- Two packs of larger-sized sticky notes in different colours.
- A flip chart with flip chart pad
- Draw a large, simple shape of a person (like a gingerbread person) on the flip chart paper or on a large piece of wall paper. Above the drawing of the person-shape write 'My New Identity in Jesus'.
- Copies of the Combined Word Search studies enough for one set per person
- Family Focus Time:**
- Cups and pure water or pure juice
- Family Discussion Cards - 1 card per family
- Praying Together:**
- Attractive thank-you cards (one per family)
- Jesus and Me (JAM) Session:**
- One set of 'Jesus and Me' Journal Pages per participant
- Take-away Menu (optional):**
- Small pieces of mirror or mirror tile - one per person

By the end of the session, the group members will:

- Know that when they choose to be friends with Jesus, they become a part of everything he is – his life and his identity.
- Feel the desire to experience a spiritual makeover - a free gift from Jesus.
- Respond by accepting a wonderful new identity through connecting with Jesus.



KID for Teens: Leaders Guide: The Master Makeover



Welcome and Prayer – 5 mins

(If you have any posters of butterflies, a butterfly farm kit, or books about butterflies, you could use these during your introduction, or whilst people are arriving and settling down, you could play a DVD of butterflies).

Say:

“ We can see the power of transformation in God’s creation when we watch tiny eggs hatch into caterpillars which turn into chrysalises and then into butterflies. Each of the creatures seem to have a different identity as it grows through its life-cycle. It is the miracle of God’s re-creational makeover that transforms an egg into a clumsy, creeping, caterpillar. Another miracle turns the caterpillar into a dead-looking chrysalis, and then into a beautiful fluttering butterfly! If God can do that with a tiny insect, just think how he can transform you and me into the amazing people he created us to be! Today we are going to explore how being connected to Jesus enables us to have a whole new identity. ”

Icebreaker - 7 mins

You will need:

1. Fairy lights with push-in bulbs. Make sure that there is at least one bulb per person. If you have a very large group use two or more identical strings of lights so that it doesn't matter into which string the bulbs are inserted.
 2. Small envelopes – one per person
 3. Place one bulb in each small envelope and hide these around your meeting room before the session.
- Tell the group that you have hidden small bulbs in envelopes all around the room.
 - Invite everyone to search for one bulb and then come back to the centre where the string of empty sockets has been placed on a table. Do not plug the sockets into the electricity just yet.
 - When everyone has found a bulb invite them to pair up with a friend.
 - Ask them to tell each other: 'One way in which I would like to be transformed by Jesus is...' and then complete the sentence.
 - After each person has spoken, they can push their bulb into one of the empty sockets.
 - When everyone has finished speaking, and all the bulbs have been inserted into the sockets, plug in the string of lights and watch how a small piece of glass and wire can be transformed by light when the electricity flows through it. If the lights have any special effects, then run one or two of these to show that when we are all connected to Jesus, and when we all work in harmony, the effect is beautiful and amazing.
 - Ask one or two people to share their thoughts about how being connected with Jesus gives us a new identity.





KID for Teens: Leaders Guide: The Master Makeover



Mission Possible - 15 mins

You will need:

1. A collection of all kinds of interesting, clean and attractive junk and recycled materials
2. Disposable cups, plates, bowls and straws, etc
3. Containers filled with coloured paper, tissue paper, fabric scraps, pipe cleaners, etc
4. Scissors – 1 or 2 pairs per group
5. Staplers – 1 per group (Or ask families to bring scissors and staplers from home)

- Lay out all the items on tables so that families can easily find whatever they need for the activity. Show the families the variety of junk that you have provided.
- Give families 5 minutes to work together to create something 'beautiful' or 'useful' from the heap of junk. (Or you could suggest that they create a caterpillar, chrysalis or butterfly from the materials you have provided.)
- Alert the groups when they have one minute left, so that they can work towards having a finished product.
- After 5 minutes of activity call the group back together and let each family show what they have made and explain what it is.

Mission Possible Feedback

- From being involved in this activity, what did you learn about becoming a new creation?
- What did you learn about how Jesus can transform you into a new creation?

Word Search – 25/35 mins

You will need:

1. Copies of the four different Word Search studies (A B C D) so that you can evenly distribute the different studies between the pairs of participants - if you have twenty participants you need to have 10 copies of the studies – perhaps 3 A, 2 B, 3C, and 2 D so that you have a fairly even spread of topics.
2. Two different colours of larger-sized sticky notes – enough for everyone to have at least one sticky note of each colour – stick one of each colour to each of the Word Search study sheets.
3. Decide which colour will be for the 'I am' text summaries and which colour will be used for the 'I have' text summaries.
4. Provide extra sticky notes in the colour you have chosen for the 'I am' verse summaries – enough for each pair to have at least one sticky note in this colour.
5. Pens
6. A flip chart with large drawing of a simple shape of a person with heading 'My New Identity in Jesus'.
7. Marker pens
8. Copies of Combined Word Search studies – one set per person

- Prepare for the study by inviting the whole group to look up Romans 8:37-39 (Nothing can separate me from God's love) and 1 Thessalonians 1:4 (I am loved and chosen by God) and to work together in pairs to create a written summary that combines the meaning of the two texts. They can also find an object to illustrate the meaning, or draw a diagram or simple picture.
- Ask them to write or draw their summaries on the same colour sticky note that you are using for the 'I am...' text summaries.
- Invite them to come forward and stick their summaries inside the person drawn on your flip chart paper.





KID for Teens: Leaders Guide: The Master Makeover



I am loved - Pair Studies

- Ask people to find a partner and give each pair one of the studies (A B C or D).
- Ask the pairs to spend five minutes looking up their texts and writing them in their own words on the sticky notes. They can start their sentences with 'I am...because' or 'I have...because'.
- They can also choose to draw a simple picture or diagram to illustrate the theme of their 'I am' and 'I have' verses.
- Or they can find an object that will illustrate the message of their verses.
- When everyone has completed the task and written or drawn on their sticky notes or found an object, invite them to come forward, one at a time, and read aloud what they have written, or show what they have drawn or found. Then let them stick their 'I am' notes inside the outline of the person and their 'I have' notes outside the outline.
- Objects can be collected in two piles on a table next to the flip chart.
- Finally, gather the group around the flip chart and objects for a time of discussion.

Discussion Questions:

- *Why do we need Jesus to give us a new identity?*
 - *How do we connect to him so his power can change us from the inside?*
 - *When you think about being transformed into a new creation, what scares you and what excites you?*
 - *How do you think Jesus feels when we choose to be connected with him so he can give us a new identity?*
- Give each participant a copy of the combined set of Word Search sheets to take away.

Family Focus – 10-15 mins

You will need:

1. Drinks and cups for refreshments
 2. Family Discussion Cards
- Let everyone re-assemble into their family groups, collecting a drink on the way.
 - Give each family a discussion card to pass around their circle. Each person can discuss a topic or answer one of the questions from the card. If they would prefer not to speak, they can also pass it to the next person.

Praying together - 15 mins

You will need:

1. Thank you cards and pens
- Invite each person to write a thank you note to Jesus.
 - Ask them to consider the different things that they are, or have, when they are connected to Jesus. They can look back over their Word-Search sheet to remind them of these gifts.
 - Ask each person to choose the one that is most meaningful to them at this moment in time, and to write a grateful sentence or two, for that specific gift, in the card.
 - Let each family take their cards home as a prayer reminder.

JAM Session (Jesus and Me) – 5 mins

You will need:

1. One set of 'Jesus and Me' Journal Pages per participant
- Give each person the journal pages for Lesson 4.
 - Play some reflective, peaceful Christian music, allowing them 5 minutes to begin this activity. They can finish working on this at home if necessary, and reflect on it during the week.

Take-Away Menu (optional)

You will need:

1. Small pieces of mirror
- Give each person a small piece of mirror tile or a small mirror.
 - This is to remind them that the purpose of letting Jesus give us a spiritual makeover is so that we will reflect his image of love to the people around us.

Closing Prayer





4 KID for Teens: Handout: The Master Makeover Word Search - My identity in Jesus - A



Find and read the following texts.

In your own words write or draw a summary of their main **combined** message in the spaces provided. Or you can choose to find an object that illustrates this message.

Then write or draw the summary of the 'I am...' texts on one coloured sticky note and a summary of the 'I have...' texts on the other sticky note (your group leader will tell you which coloured note to use).

I am provided for

Hebrews 4:14-16

Romans 8:31-32

Summarise the overall message of these two texts with a sentence or a drawing:

I have a new purpose

To glorify God by helping others to understand him and see who he really is - *John 15:8*

To help others to experience God's love through my kindness, thoughtfulness, forgiveness and generosity - *Ephesians 2:10*

Summarise the overall message of these two texts with a drawing or a sentence:





4 KID for Teens: Handout: The Master Makeover Word Search - My identity in Jesus - B



Find and read the following texts.

In your own words write or draw a summary of their main **combined** message in the spaces provided. Or you can choose to find an object that illustrates this message.

Then write or draw the summary of the 'I am...' texts on one coloured sticky note and a summary of the 'I have...' texts on the other sticky note (your group leader will tell you which coloured note to use).

I am secure and safe

Ephesians 1:7-8

Romans 8:1-2

Ephesians 1:13

Summarise the overall message of these three texts with a sentence or a drawing:

I have a new family

John 1:12

Romans 12:5

Summarise the overall message of these two texts with a drawing or a sentence:





4 KID for Teens: Handout: The Master Makeover Word Search - My identity in Jesus - C



Find and read the following texts.

In your own words write or draw a summary of their main **combined** message in the spaces provided. Or you can choose to find an object that illustrates this message.

Then write or draw the summary of the 'I am...' texts on one coloured sticky note and a summary of the 'I have...' texts on the other sticky note (your group leader will tell you which coloured note to use).

I am valued

Deuteronomy 14:2

2 Corinthians 3:18

Summarise the overall message of these two texts with a sentence or a drawing:

I have new responsibilities

2 Corinthians 5:20

1 Peter 2:9

1 Corinthians 3:9

Summarise the overall message of these three texts with a drawing or a sentence:





4 KID for Teens: Handout: The Master Makeover Word Search - My identity in Jesus - D



Find and read the following texts.

In your own words write or draw a summary of their main **combined** message in the spaces provided. Or you can choose to find an object that illustrates this message.

Then write or draw the summary of the 'I am...' texts on one coloured sticky note and a summary of the 'I have...' texts on the other sticky note (your group leader will tell you which coloured note to use).

I am empowered (God gives me the skills)

John 17:20-22

Philippians 4:13

Summarise the overall message of these two texts with a sentence or a drawing:

I have a new future

Romans 8:28

1 Peter 1:3-4

Summarise the overall message of these two texts with a drawing or a sentence:





4 KID for Teens: Handout: The Master Makeover Combined Word Search - My Identity in Jesus



Look up the different sets of texts and write them in your own words in the spaces provided. You can also draw something that illustrates the verses for you, or find an object that helps you to summarise their meaning.

I am...

1: I am loved

Nothing can separate me from God's love.
Romans 8:37-39

I am loved and chosen by God.
1 Thessalonians 1:4

2: I am secure and safe

I am forgiven because God is full of grace towards me.
Ephesians 1:7-8

God doesn't condemn me for my past sins. *Romans 8:1-2*

His Holy Spirit marks me as special to God. *Ephesians 1:13*

3: I am valued

I am God's treasured possession.
Deuteronomy 14:2

I am being transformed and I am becoming more like God.
2 Corinthians 3:18

4: I am empowered

God lives in me as Jesus lives in the Father and the Father lives in Jesus.
John 17:20-22

I can do everything that is in God's plan for me because he will give me the ideas, the strength, and the courage.
Philippians 4:13

5: I am provided for

I have a direct connection to God and I can tell him everything I need.
Hebrews 4:14-16

The God who died to save me will also provide everything else I will ever need, because he loves me so much.
Romans 8:31-32

I have...

6: I have a new purpose

To glorify God by helping others to understand him and see who he really is.
John 15:8

To help others to experience God's love through my kindness, thoughtfulness, forgiveness and generosity.
Ephesians 2:10

7: I have a new family

I am a child of God and a member of heaven's family.
John 1:12

I am a member of God's family on earth, his church.
Romans 12:5

8: I have new responsibilities

I am an ambassador for God's kingdom.
2 Corinthians 5:20

I am a royal priest for God.
1 Peter 2:9

I am a co-worker with God.
1 Corinthians 3:9

9: I have a new future

Everything in my life works together for good.
Romans 8:28

I have an inheritance in heaven.
1 Peter 1:3-4



LESSON 4 -

FAMILY Discussion CARD

What transformations in nature fill you with a sense of wonder?

What changes would you most like Jesus to make in your life?

One of the challenges of letting Jesus transform you might be...

Describe a transformation by Jesus that you have seen in your life, or someone else's life.

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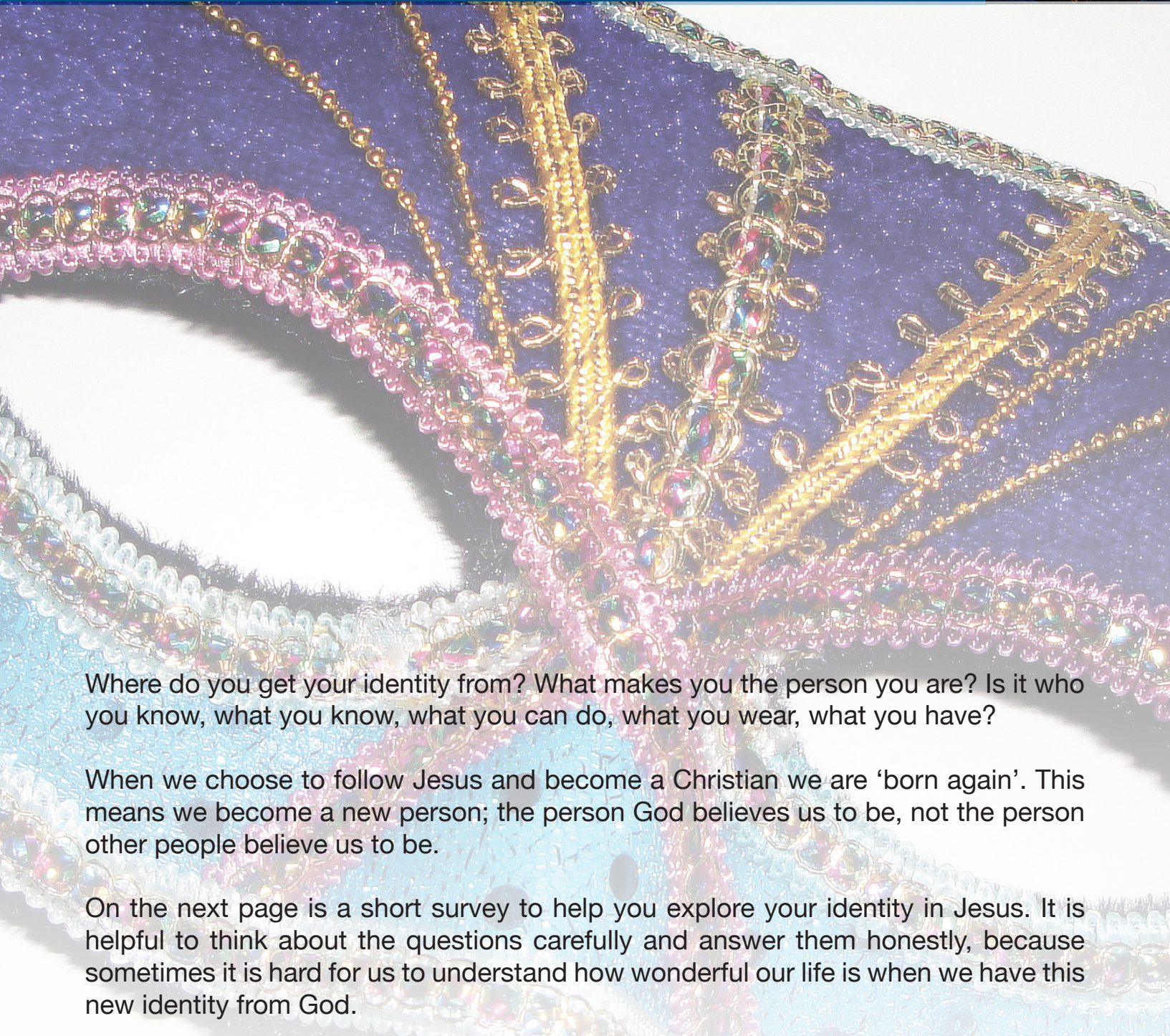
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4

Jesus and Me: Journal Lesson 4: The Master Makeover: Who am I?



Where do you get your identity from? What makes you the person you are? Is it who you know, what you know, what you can do, what you wear, what you have?

When we choose to follow Jesus and become a Christian we are 'born again'. This means we become a new person; the person God believes us to be, not the person other people believe us to be.

On the next page is a short survey to help you explore your identity in Jesus. It is helpful to think about the questions carefully and answer them honestly, because sometimes it is hard for us to understand how wonderful our life is when we have this new identity from God.

If you find some things about yourself hard to accept, don't worry, this is quite normal. It's very helpful to wonder why Jesus' truth about you is so hard to believe at times. Ask yourself what is preventing you from seeing yourself as God sees you, and having the identity he wants you to have. Once you understand what might be getting in the way, you can ask God to help you and you can be sure that he wants to answer your prayers.





4 Jesus and Me: Journal Lesson 4: The Master Makeover: Who am I?



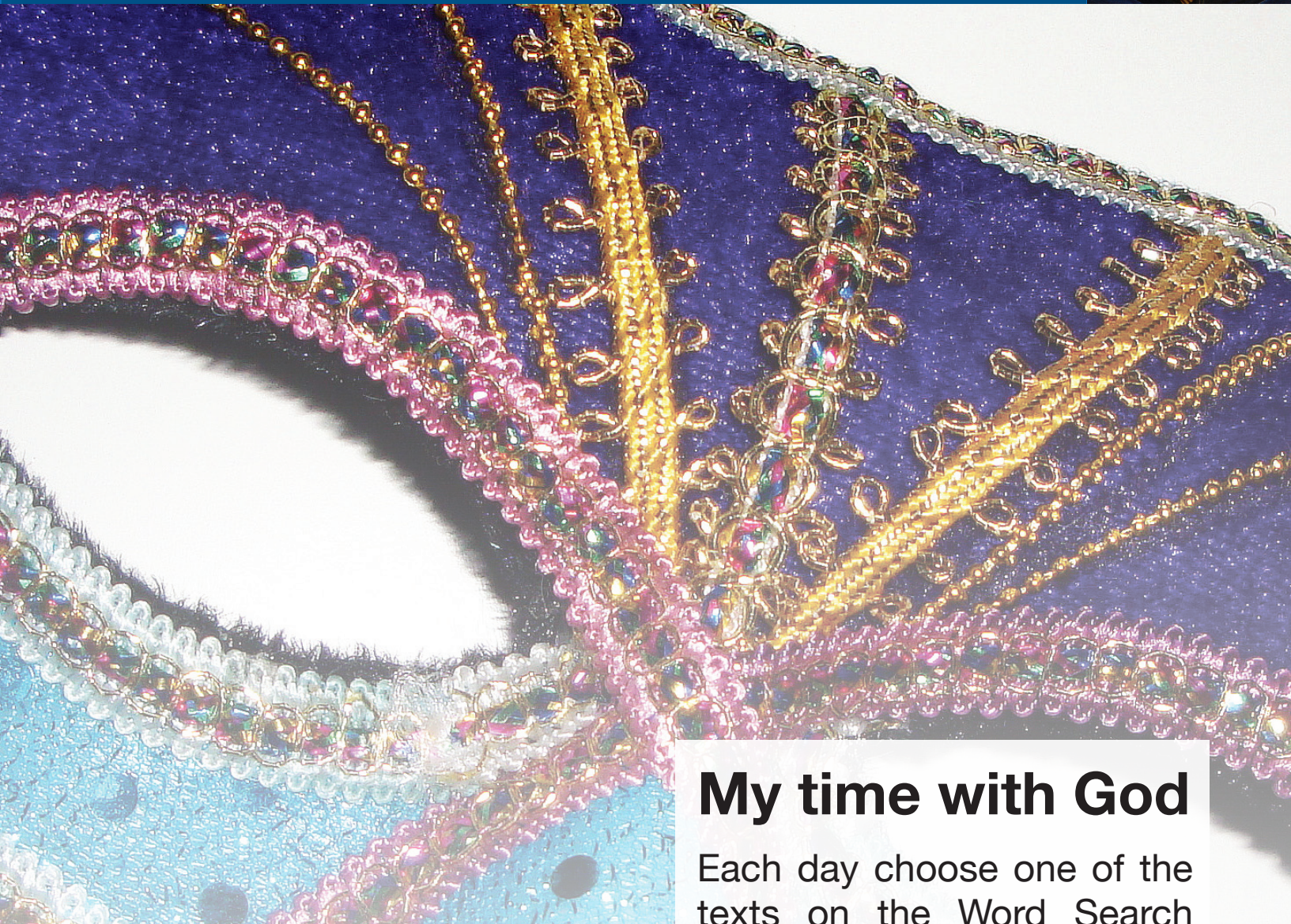
Look at the statements below and place an x on the line to show what you really think about yourself. Be as honest as you can be and then pray that God will help you to grow towards the identity he has already provided for you.

I feel most loved when: I know I am loved by friends or family	_____	I know that God loves me
I feel most secure when: I know I am accepted unconditionally by God	_____	Other people like me
I feel valued when: Other people think I am really special	_____	God thinks I am really special
I feel most confident when I rely on: God's power	_____	Myself
The one who is going to take care of me is: Me	_____	God
The purpose of life is to: Honour God	_____	Enjoy myself
The most important responsibilities in life are: Those that have to do with God's kingdom	_____	Looking after my own needs
When I think about the future: I know God is working everything out for my good at all times	_____	I feel scared
I live mostly by: Faith An experience of God Giving up things for God Obeying God Relying on Jesus Serving others A relationship with God	_____ _____ _____ _____ _____ _____ _____	What I can see The theory of God Getting things for myself Knowing about God Doing things myself Serving myself Following rules





Jesus and Me: Journal Lesson 4: The Master Makeover: Who am I?



Look back over your answers. Are there any questions or answers that have surprised you about your identity? Anything you need to do? Anything else you want to ask someone about or discover for yourself? Anything you need to pray about?

My time with God

Each day choose one of the texts on the Word Search sheet for this week and spend time thinking about what that verse means to you personally.

Write down how you feel about your new identity in Jesus, or what you would like to do in response to who you are and what you have in Jesus.