My Prayer for Today
Today, dear God, we also seek healing from the infirmities of life that we have to endure. Whether they are emotional, physical, or spiritual ailments, we ask that you will remove them from us, and let us walk in newness of health. Thank You for the precious promises of healing You have given us.

Sharing
Each one of us knows those in our circle of friends and acquaintances who are in need of help when they are ill. We might take them to a doctor’s appointment; bring a loaf of bread or a main dish; help with laundry, house cleaning, or grocery shopping; or even care for a pet. Sometimes just spending time with them or giving a hug is the most welcome gift we can bestow. A gift of our time speaks volumes.

What are some specific ways I could help the sick, especially those with a chronic illness?

For further information:
women@ted.adventist.org
Department of Women’s Ministries
Trans-European Division
119 St Peter’s Street, St Albans AL13EY
United Kingdom
Introduction
The woman in this story had suffered for 12 years, not just from disease but from isolation. In those days she would be a virtual outcast; anyone or anything she touched would be considered ceremonially unclean. In this context touch becomes a significant symbol.

This is a story of healing. God promises to heal us. For some, healing may not take place here on earth. And ultimately, true healing—the healing that will cure even those who don’t suffer from physical ailments—will take place not here but in heaven.

Discover
* Her Failure to Find Help
* Her Faith and Persistence
* Her Joy

Going Deeper
1. What was the past experience of this woman as she sought help? (Mark 5:25-26, Matthew 9:20, Luke 8:43)

2. How long had she been ill? (Matthew 9:20, Mark 5:25, Luke 8:43)

3. Her hope for healing had faded, and she now felt she had only one hope. What was this? (Matthew 9:21)

4. The crowd was pressing around Jesus so that it was difficult to reach Him? What did the woman do? (Mark 5:27-28, Luke 8:44)

5. What was Jesus’ immediate response? (Mark 5:30, Luke 8:45)

6. How did the disciples react to this question? (Mark 5:31, Luke 8:45)

7. How did her physical condition change after she touched the hem of Jesus’ garment? (Luke 8:44)

8. Bowing before the Master, she confessed that she was the one who had touched Him. How do you think she felt as she did this? (Mark 5:33)


10. When do you think it is appropriate for us to come just as boldly to Jesus to ask for healing of our infirmities today, and when might it not be appropriate? Why?

11. Do we sometimes approach Him hesitantly, perhaps in embarrassment or fear? What might be possible reasons? Has this happened to you? How may we dispel these feelings?

Questions for Discussion
1. How do you think Jesus knew someone had touched Him? What made this touch different from others?

2. Why do you think this woman was afraid to admit she was the one in the crowd who had touched Jesus and been healed?

Words of Wisdom
This woman must have been feeling very desperate. Having given up on the doctors of