Worship Ideas for Couples

EPC Sem 22

- Have a prayer to invite God's presence before the Bible is opened for worship.
- Make a prayer request book listing requests, recording a promise to go
 with each request, recording the date when made, and the date when
 answered.
- 3. Read through a devotional book together. Use two books and alternate reading of paragraphs.
- 4. Start worship by telling each other the good things that happened to you during the day or what your blessings were.
- 5. Study a difficult book of the Bible, such as Revelation, by outlining the chapter, drawing and defining symbols, reading a commentary and making notes of findings in a notebook.
- 6. Read a chapter of the Bible together, one reading in Revised Standard Version and the other in the New International Version. Compare as you read alternate verses. Privately write your feelings about some portion of the chapter. Visualise yourself doing what God commands, and make plans for the day to act upon God's instruction. For evening worship, discuss with your spouse how you implemented God's command.
- Search a concordance for all texts relating to wives and husbands.
 Categorise these and evaluate whether you are following God's plan.
- 8. Individually write a letter to God as though writing to a friend. Share your letter with your spouse.
- Paraphrase a chapter, such as 1 Cor.13, and include your own experience as examples. Other good portions of the Scripture for personalising are Romans 5:1-11 and Psalms 121. These can be memorised and made even more meaningful by reciting them while travelling.
- 10. Underline doctrinal texts and promises in the Bible by using red for doctrines and blue for promises. Take time to memorise where these are found. Sort them by Bible books, starting with Matthew. Learn all

- promises and doctrinal texts in this book and then proceed to texts in Mark.
- 11. Set a specific time for worship and try to keep to it each day.
- 12. Invite another couple to have worship with you every week on a certain day.
- 13. Have a special room in the house called the prayer room, with special lighting, music and books for worship.
- 14. Do "10 and 10" on a specific text. Have 10 minutes of writing about a text by each spouse and then 10 minutes discussing it.
- 15. Have an Agape Feast. Invite some couples or friends to such a meal and thank God for His blessings. Have white candles for atmosphere and an Eden diet menu of fresh fruits, nuts, and bread. Avoid general conversation. Spend time talking of God's goodness, sharing texts and giving testimonies of faith, hope, and love.
- 16. Make a book of promises. Each time a promise is found when reading, record it in the Promise Book. Memorise some of these to be claimed on a difficult day.
- 17. Write on a card a reminder of a prayer request. Put it in a conspicuous spot in the home or office so that it can often be seen. Pray "dart" prayers when you are reminded of the person.
- 18. Write appreciation notes to each other. Read what the Bible says on the topic of "love".
- 19. Discuss how to improve certain character traits. Read what the Scripture says about these character traits.
- 20. Have conversational prayer one praying on a topic and then the other praying, alternating throughout the prayer.
- 21. Keep a record of answered prayers in a Miracle Book.
- 22. Have a special prayer list for Sabbath morning worship.
- 23. Thank God for answered prayer before the prayer is answered.
- 24. Pray out loud for each other after each identifies his/her needs.
- 25. Prepare a "Thankful List." Review and add to it each week.
- 26. Hold hands and kneel facing each other when you pray.
- 27. Ask for forgiveness for specific mistakes of the day, especially at evening worship.

- 28. Go out in nature for worship by a stream, by the ocean, or on a mountaintop.
- 29. Sing old hymns, or hymns from other countries.
- 30. Have light fasting during crucial family decision times, and give the problem to the Lord.
- 31. Try candlelight or fireside worship on Friday evening.
- 32. Make a personal devotional book of favourite texts, doctrinal texts, and their interpretation, promises, and memorised portions of Scripture.
- 33. Have a telephone worship when apart from each other.
- 34. Dedicate a new home by having prayer for activities in each room of the house.
- 35. Alternate evening worships. One night the husband prepares worship, and the next night the wife prepares.
- 36. Decide to have a set day when one of the children will be prayed for in a special in-depth way. Monday- Mary, Tuesday- David, Wednesday Judy, etc.
- 37. Learn new hymns and memorise words.
- 38. Invite friends over for a Passover Feast. Read *Patriarchs and Prophets* where it speaks of the Exodus, and eat typical Passover food eaten by Jewish people at the Passover time.
- 39. Turn Scripture into prayers and record them. Insert names into the prayers, including yours or those of the children away from home.
- 40. Once a week have a prayer fellowship at home and invite your friends. Start by reading *Steps to Christ* together and discussing it.
- 41. Read about the Holy Spirit for two weeks and pray for change in your lives.

John and Millie Youngberg
Andrews University