

Towards redefining caregiving in the 21st century: A reflection on Luke 10:30-35

Presenter

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Summary: a dialogue

- *In our local community, what are some of the **hindrances along the road** that might have hindered the church community at times from **‘crossing the road’ to care for ‘other’** in some way. We live in a world that is **full of people in pain and brokenness**. Pain and brokenness because of family fragmentation, abandonment, and rejection. However, the church community finds it difficult to **‘cross the road’ to care for**. This seminar will **explore some of the hindrances** that prevent the church community from caring and **will suggests ways in which the church can cross the road to care in a new way**.*

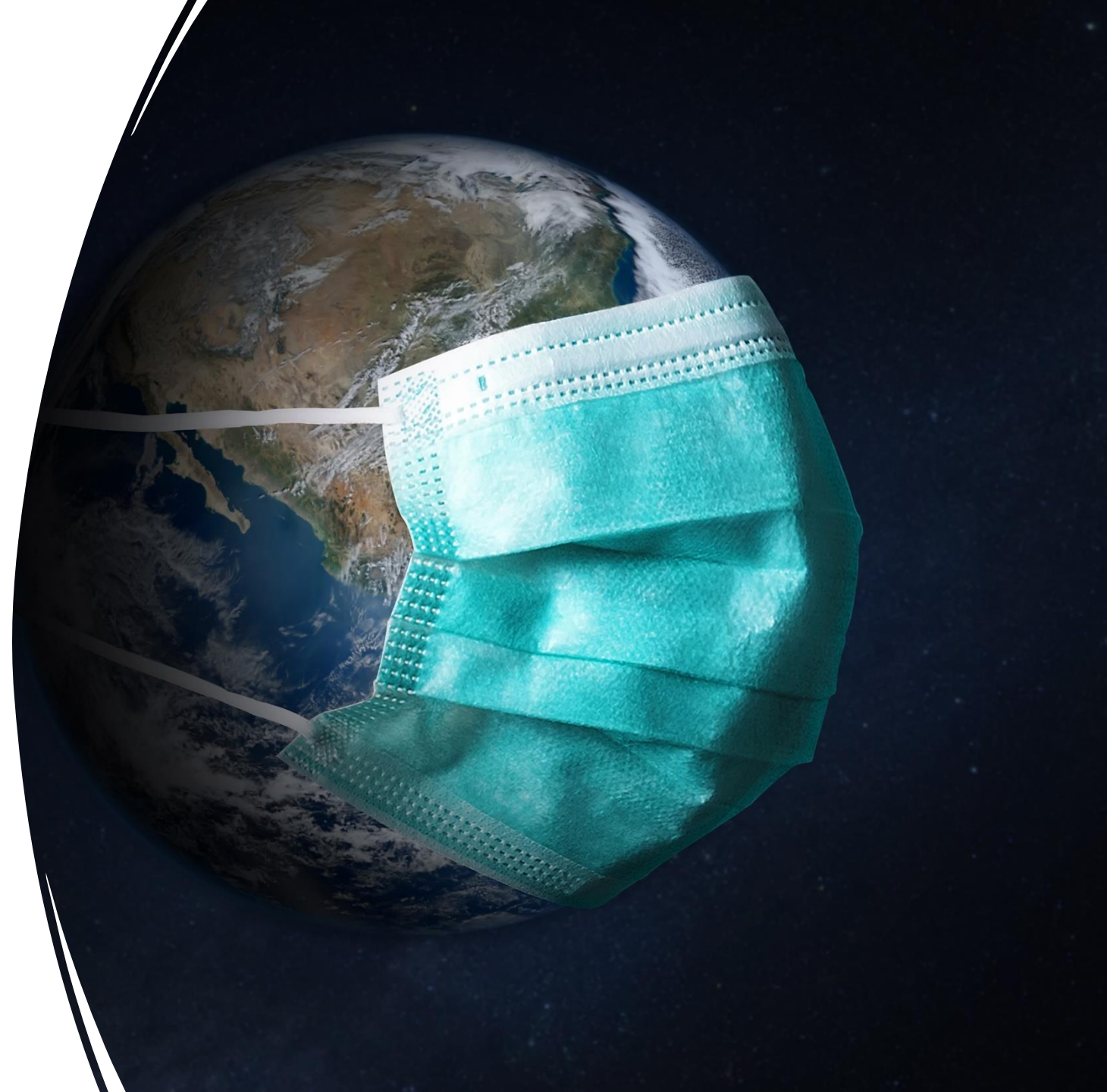
Bible Text: *Luke 10:30-34a*

In reply Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. 31 A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. 32 So too, a Levite, when he came to the place and saw him, passed by on the other side. 33 But a Samaritan, as he travelled, came where the man was; and when he saw him, he took pity on him. 34 He went to him..."



The challenge

- *What is the response of the Seventh-day Adventist Church to a world in crisis?*





A World that is
suffering



The Problem

***We live in a world full
of people in pain.
What is the Seventh-
day Adventist Church
response to a world in
pain?***



The Search

*People in PAIN Are
Looking for
Someone Who
Cares
regardless...*



“

Some examples

- ***People wounded and scarred by:***
 - ○ ***Family fragmentation***
 - ○ ***Abandonment***
 - ○ ***Rejection***
 - ○ ***Materialism***
 - ○ ***Addiction and abuse***
 - ○ ***Etc.***



Practical Application: People in Pain Think

Think of some of your friends, relatives, church members, work associates, or others you suspect are in pain -

- ***hurting over a loss or rejection,***
- ***∅ discouraged by a failure,***
- ***∅ or afraid of the future.***



Some examples of
Emotional pain
people face:

- **Shame and worthlessness**
- **Loss of a sense of the future**
- **Hopelessness**
- **Emotionally overwhelmed**



EMOTION



EMOTION

Some examples
of Emotional pain
people face

- **Decreased concentration**
- **Numbing**
- **Loss of interest**
- **Depression**
- **Little or no memories**

Some examples of Emotional pain people face

- **Nightmares and flashbacks**
- **Hypervigilance and Mistrust**
- **Generalised anxiety and panic attacks**



Practical Application

*Close your eyes and think about a period in your life **when you were very unhappy**. In your mind, choose someone in whom you could confide, with whom you could share your pain. What qualities would you want from that person?*



The Process of Caregiving

- **Establishing a relationship**
 - **Good listening**
 - **Understanding**
 - **Exploring**
 - **Helping to plan**





Who can give caregiving?

- Anybody who
 - **Can keep confidentiality**
 - **Can show empathy**
 - **Respect for others**
 - **Warmth**
 - **Is genuine**
 - **Non-judgmental**




Who can give
caregiving?

- Understanding Oneself
 - Self-reflection –
 - **Thinking about how you feel.**
 - **What you feel.**
 - **Where does the feeling come from.**
 - **Treat your own feelings with the same compassion.**



Who can give
caregiving?

- 
- **The power of empathy**
 - **What is empathy?**
 - **How is it different from sympathy?**
 - **How is it related to compassion?**

Consider Mark 1:41

Moved with compassion, Jesus reached out and touched him. “I am willing,” he said. “Be healed!”



Who can give caregiving?

- **Understanding the Power of Listening that heals.**
 - *Being deeply absorbed in conversation without distractions.*
 - *Hearing every detail that is not being spoken.*
 - *Hearing what is being left out and what could be inferred from the pauses, gaps, and sighs.*



A woman with long dark hair is sitting on a dark-colored couch, looking off to the side with a thoughtful expression. In the foreground, the hands of another person are visible, gesturing as if in conversation. The background is slightly blurred, showing a potted plant and a wall. The entire image has a blue tint.

Hearing the words, the hesitations and pauses, the upturns and downturns of intonation, the choice of words, and the little word slips, moments of comfort, and years of pain.

People simply want to be heard.

Wanting to feel what its like to be in the shoe of another.

Revisiting Luke 10:30-34a

QUESTION:
**WHAT IS THE PAIN
FOR WHICH THE
SAMARITAN NEEDS
SOMEONE WHO
CARES?**



What Are Some Of The Hindrances 'To Crossing the Road'?

- A Sense of Inadequacy?
- The Cost of Caring?
- A Lack of Motivation?



Application

In your local community, what are some of the hindrances along the road that might have hindered you at times from ‘crossing the road’ to care for the other in some way:

The sense of inadequacy?

The cost of caring?

A lack of motivation?

Something else?

Revisiting Luke 10:34b-35

Practical Application

(On being the Samaritan) ...bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, took him to an inn and took care of him. The next day he took out two silver coins and gave them to the innkeeper. “Look after him...”

4 questions that will help us
KNOW what is needed and
DO something to help
people in **PAIN**

- A. **WHAT** *aliveness* can be removed?
- B. **WHAT** *need* can be met?
- C. **What** *hurt* can be healed?
- D. **What** *truth* can be experienced?



People In Pain **NEED**

1. People of **CARE.**
2. People of **GRACE.**
3. People of **COMPASSION.**
4. People Who Live **LOVE.**



-
- All over the world men and women are looking wistfully to heaven. Prayers and tears and inquiries go up from souls longing for light, **for grace**, for the Holy Spirit. Many are on the verge of the kingdom, waiting only to be gathered in. [The Acts of the Apostles, 109.](#)



On redefining Care...

- Apply Genesis 2:18 “it is not good for man to be alone.”
- Learn to remove **ALONENESS**
 - A. STOP
 - B. LOOK
 - C. LISTEN
 - D. RESPOND



APPLICATION

Take turns sharing a time when each of you felt **sad, hurt, or disappointed**, practicing reflective listening and emotional responding.

Becoming a person of care

- Remove aloneness by **communication Care**
- **Deeply** know people
- Express care by **taking initiative**
- **Let others know** you care



‘What needs can be Met?’

Philippians 4:19 “...my God will meet all your needs according to His glorious riches in Christ Jesus.

- Acceptance
- Affection
- Appreciation
- Approval
- Attention
- Security
- Comfort
- encouragement
- Respect
- Support

Top Ten Relational Needs By David Ferguson



Relational Needs

Acceptance?

- **Receiving another person willingly and unconditionally**
- **Even when the other person's behaviour is imperfect or offensive.**



What does it require?

Being willing to love others regardless of offenses and ways in which they are different from you.



Therefore, **accept each other just as Christ has accepted you** so that God will be given glory. Romans 15:7





“What needs can be Met?”

Meeting the need for connectedness...!

*A community that is **committed to one another** over time **and who model and pass on at least part of what it means to be a good person and live a good life.***

- **Hardwired to Connect**

Growth and healing in Caring for people in PAIN.

Identify the needs beneath the words

“You’re too busy.”

“Look what I did.”

“Would you like my opinion?”

“I just can’t get this right.”

“I feel out of place.”

“Nothing’s gone right for me today.”

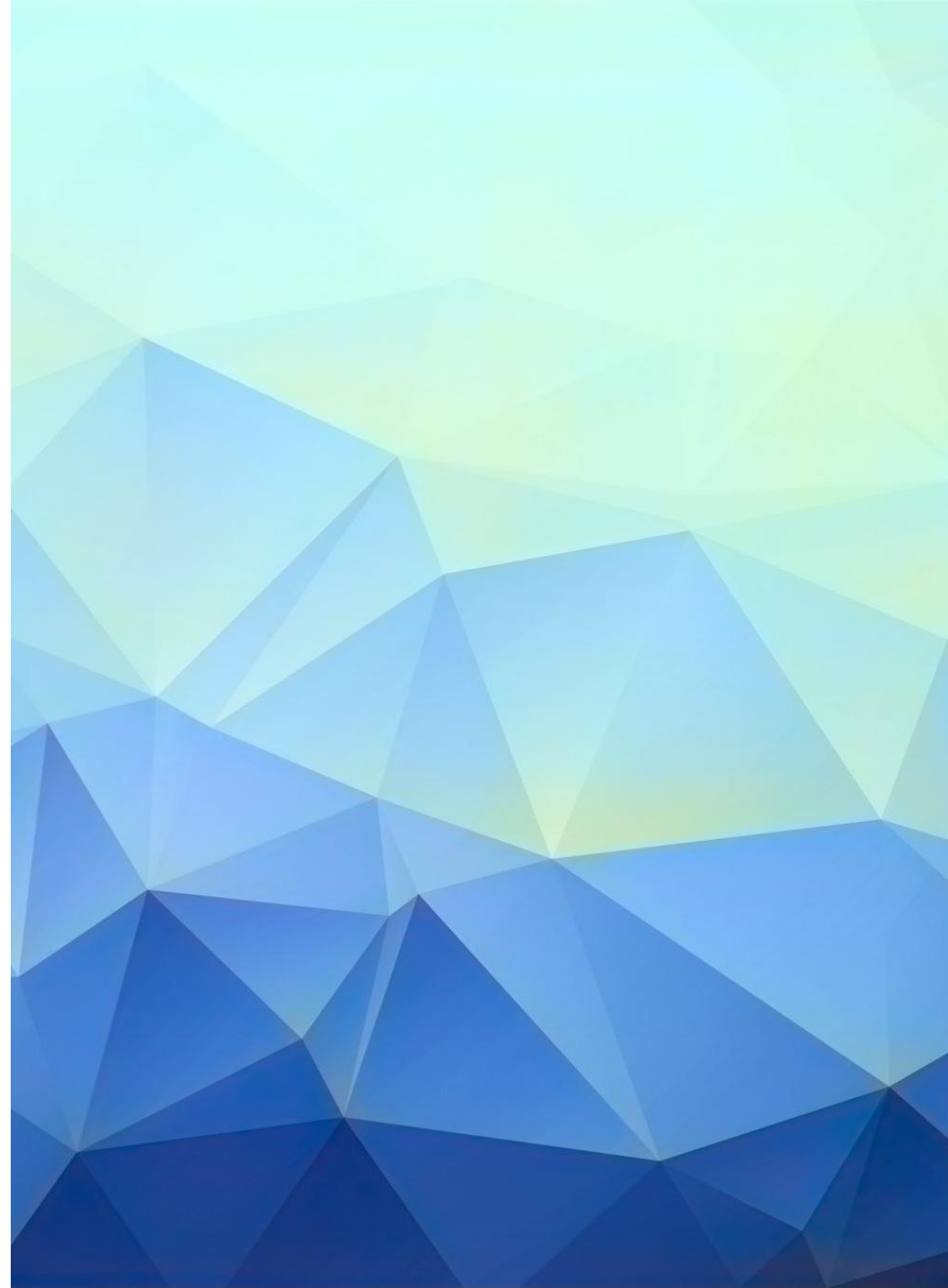


Blockers to relational needs

Selfishness

Self-reliance

**Self-
condemnation**



Biblical antidotes for pain

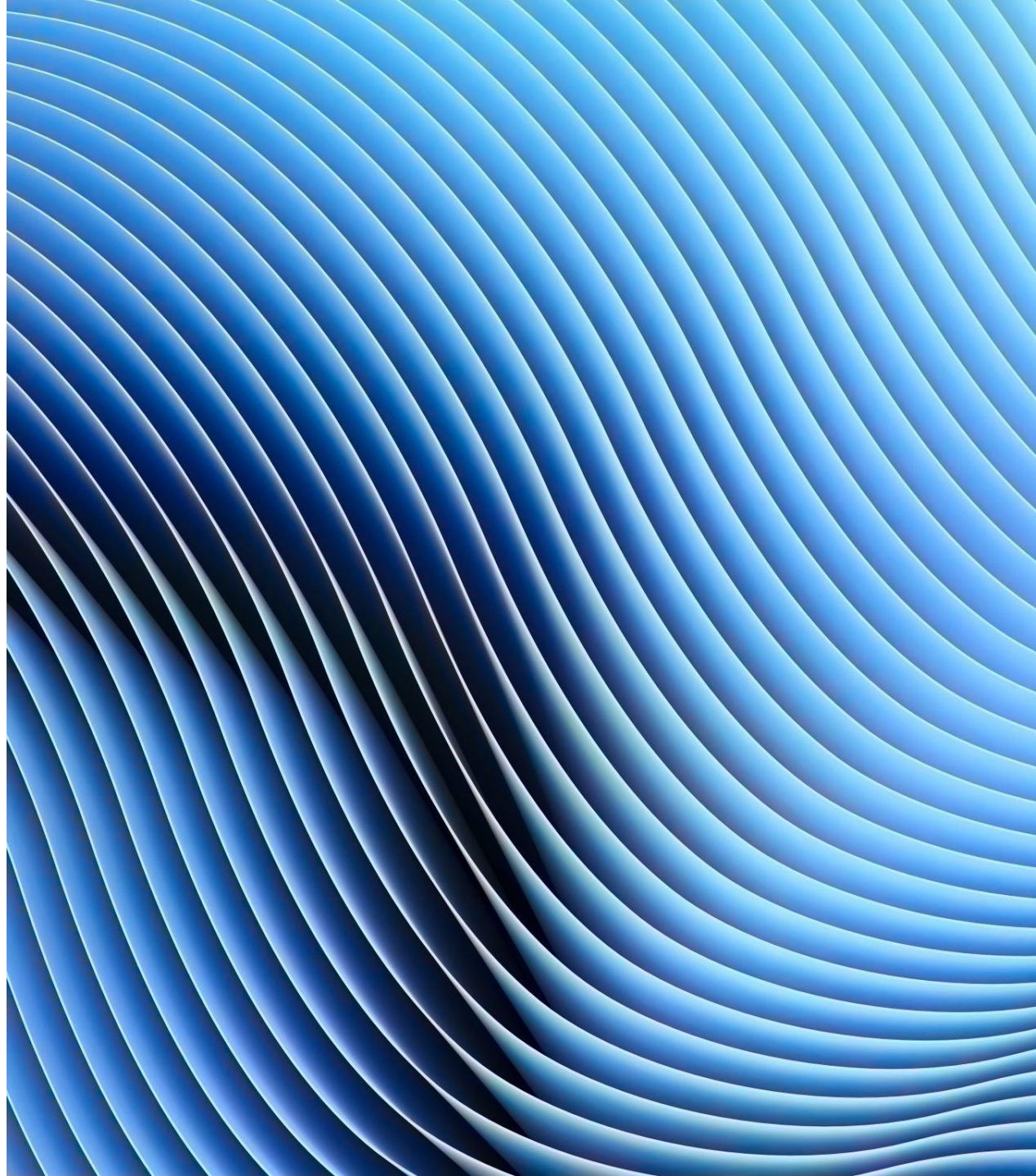
Condemnation – Romans 8:1; John 8:32

Guilt – 1John 1:9; James 5:16

Fear ?

Anger?

Hurt?



Responses that heal

Examples

“I see that you’re really hurting.”

“It can see that you’re fearful and it saddens me.”

“I care about you and don’t like to see you so discouraged.”

“I’m committed to go through this with you.”

“I genuinely regret my part in hurting you.”



Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has.

-Margaret Mead

The invitation

God has far more in store for your life than just to do something for HIM. He wants you to experience an intimate love relationship with HIM that is real and personal.

Experience God, p.1

