



live:kind

Kindness for children to do at school

1. Pray for your teacher.
2. Pray for the children in your class, especially those who find it hard to make friends.
3. Keep your own things tidy.
4. Speak kindly to other children.
5. Write happy messages and put them into other children's desks or work baskets.
6. Thank your teacher when they help you learn something new.
7. Take a treat to share with a lonely child in your class.
8. Say something kind to other children as often as you can.
9. Help a child who is struggling to learn something.
10. Ask your teacher, 'Can I help you?'
11. If another child is being bullied or hurt, run and find a teacher to help them.
12. Do your class chores well.
13. Take spare school supplies to share with a child who has forgotten something, or who can't afford something.
14. Take a little treat for your head teacher, receptionist and other support staff.
15. Look out for lonely children in the playground and invite them to play with you.
16. Write a note: 'I'm glad you're in the class!'
17. Bake treats for the teachers' staff room.
18. Give your teacher a car wash voucher or a café voucher, or something to make their life easier.
19. Be kind to younger children in your school, especially those who are sad in the playground.
20. Make a school supply kit to give to a child who cannot afford stationary items. Give it to your teacher to give to a needy child.
21. Share your lunch with somebody who doesn't have much to eat.

22. Help somebody who struggles with their homework.
23. Write a thank you card for your teacher and tell them what you like about being in their class.
24. Donate your unwanted books to the school library.
25. Visit a sick friend. Make a funny card and take a small toy or book to cheer them up.
26. Invite a new child in your class to come to your house and play.
27. Make friends with someone who is very different to you and learn about their life and family.
28. Try to smile at every person in your class in one day. Watch what happens.
29. Hold the door for someone coming in behind you.
30. Say, 'I hope that you have a great day at school today' to someone in your class or school.
31. Do one thing every day to make your school a nicer place – pick up litter and then wash your hands!